# TIPS TO REDUCE YOUR USE OF ENERGY

### **BEFORE YOU START**

Understanding your energy bills will go along way to helping you get to grips with your energy use at home.

### **SWITCH OFF STANDBY**

Not only can you save energy but you can save approximately £55 a year just by remembering to turn your appliances off standby mode.

### **TURN OFF YOUR LIGHTS**

When you're not using them or when you leave a room, reduces the amount of electricity you use and saves you around £20 a year

### FOR MORE INFORMATION

See more ideas at www.energysavingtrust.co.uk

# CAREFUL WITH YOUR WASHING

Making sure you have a full load and using your washing machine on a 30 degree cycle can save you around £28 a year

## **AVOID THE TUMBLE DRYER**

Try using a drying rack or washing line outside in the warmer weather, its kinder to the environment and will save you up to £60 a year

### TOP UP THE INSULATION

Effective insulation of your hot water cylinder, pipes and radiators is a quick and easy way to save money on your bills approximately £35 a year

